

MEDICAL DEVELOPMENT CENTER

Al Salam Bulletin- Volume # 39

مستشفى السلام العاصمية
Al Salam Al Assima Hospital
ثقتكم أمانة TRUST



AL SALAM BULLETIN

OVERVIEW ABOUT SALAM BULLETIN

Al Salam bulletin is your one stop comprehensive newsletter, for all the latest healthcare content. Stay updated with latest healthcare related news, public health advice, narrative experiences, trainings, and links to valid sources for further reading / fact-checking. Medical Development Center highlights Bulletin sources for you to keep abreast of the latest developments and trends in the Healthcare industry.

Health Awareness Day



Blood Cancer Awareness Month – Sep.2023

nationaltoday.com

September is designated as Blood Cancer Awareness Month to support patients affected by blood cancer, spread awareness, and raise funds to progress research on blood cancer. There are three main types of blood cancer— leukemia, lymphoma, and myeloma. Nearly 1.3 million people in the United States are in remission or in treatment for blood cancer. Treatment has advanced greatly over the years, increasing survival rates, but there is still a long way to go.

[Read more...](#)



International Patient Safety Day – 17 Sep

who.int

World Patient Safety Day calls for global solidarity and concerted action by all countries and international partners to improve patient safety.

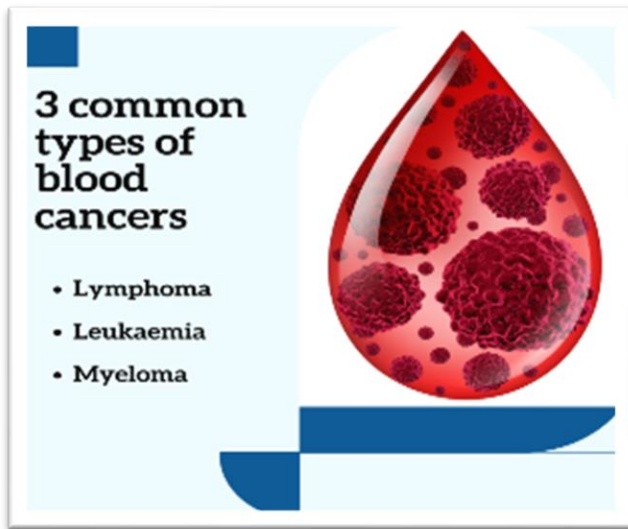
Recognizing the pivotal role that patients, their families and caregivers play in advancing safe care, the theme selected for World Patient Safety Day 2023 is “**Engaging patients for patient safety**” with the slogan “**Elevate the voice of patients!**”. Evidence shows that when patients are treated as partners in their care, significant gains are made in safety, patient satisfaction and health outcomes.

[Read more...](#)

Blood Cancer

Blood cancer endangers an essential life force — our blood cells. These cells give us energy, help us fight infection and keep us from bleeding too much. Fortunately, there are many effective and safe ways to treat blood cancer.

Blood cancers are serious illnesses, but other cancer types are more deadly. Blood cancers represent about 10% of all cancers diagnosed in the United States each year, and an estimated 3% of all cancer-related deaths.



Blood Cancer Symptoms

- 1- Fatigue
- 2- Persistent fever
- 3- Night sweats
- 4- Unusual bleeding or bruising
- 5- Unexplained weight loss
- 6- Frequent infections and swollen lymph nodes
- 7- Bone pain

[Read more...](#)

Patient Safety Situations

Every year, millions of patients suffer injuries or die because of unsafe and poor-quality health care. Below are some of the patient safety situations causing most concern:

Medication errors are a leading cause of injury and avoidable harm in health care systems: globally, the cost associated with medication errors has been estimated at US\$ 42 billion annually.

Health care-associated infections occur in 7 and 10 out of every 100 hospitalized patients in high-income countries and low- and middle-income countries respectively.

Unsafe surgical care procedures cause complications in up to 25% of patients. Almost 7 million surgical patients suffer significant complications annually, 1 million of whom die during or immediately following surgery.

Unsafe injections practices in health care settings can transmit infections, including HIV and hepatitis B and C, and pose direct danger to patients and health care workers.

Diagnostic errors occur in about 5% of adults in outpatient care settings, more than half of which have the potential to cause severe harm. Most people will suffer a diagnostic error in their lifetime.

Unsafe transfusion practices expose patients to the risk of adverse transfusion reactions and the transmission of infections.

Radiation errors involve overexposure to radiation and cases of wrong-patient and wrong-site identification.

Sepsis is frequently not diagnosed early enough to save a patient's life. Because these infections are often resistant to antibiotics, they can rapidly lead to deteriorating clinical conditions, affecting an estimated 31 million people worldwide and causing over 5 million deaths per year.

Venous thromboembolism (blood clots) is one of the most common and preventable causes of patient harm, contributing to one third of the complications attributed to hospitalization.

[Read more...](#)

World Physical Therapy Day - 8 September 2023

World Physical Therapy Day is observed every year on September 8. It is celebrated to raise awareness about the critical role of physical therapists and chronic pain therapies in keeping people healthy and fit. Physical therapists attempt to treat an injury or deformity, educate patients about healthy behaviors, and restore lost or damaged functionality. Chronic pain is linked to a variety of medical diseases, including low back pain, cervical and thoracic pain, shoulder pain, headache problems, cancer, fibromyalgia, muscular dystrophy, and osteoarthritis.

Physiotherapy & Rehabilitation Center at Al Salam Hospital

The physiotherapy and rehabilitation center aims to treat and rehabilitate patients to restore their daily lives without pain or dysfunction by following physiotherapy and rehabilitation programs developed by highly skilled physiotherapists. Our center offers physiotherapy for both out and inpatient in the hospital. All therapists are highly skilled and are working according to European standards.

Types of treatment that we offer:

- Manual therapy
- Osteopathy
- Sports physiotherapy
- Pediatric physiotherapy
- Pelvic floor physiotherapy
- Neurorehabilitation
- Dry needling, medical taping, shockwave, and laser therapy

To celebrate Physical Therapy Day, Al Salam Hospital is conducting a course about “Neck pain: Assessment, manual therapy and Dry Needling” on 7th and 8th of September. The course will be presented by Dr. Muhammad Al Rwaily (Consultant, Spine and Musculoskeletal Physical Therapy). [Read more...](#)

**Al Salam Al Assima Hospital cordially invites you
to the course on**

**Neck pain: Assessment, Manual therapy
and Dry Needling**

Speaker:



Dr. Muhammad Al Rwaily
Consultant, Spine & Musculoskeletal Physical Therapy

- Physical Therapy Board Certified
- Fellow of the American Academy of Orthopedic Manual Therapy

Organized by: Medical Development Center
Target audience: Physical Therapists
Dated on: 7th - 8th September 2023
Time: 8:30 AM- 5:00 PM
Venue: B1 Auditorium



Scan To Register
Hurry up!!!
Limited seats available



10 Back-to-School Health Tips for Parents

Getting your kids back-to-school ready involves more than shopping for school supplies and new clothes. Caring for their health will ensure they are physically prepared to go back to school. To kick-start the new school year, consider these healthy tips:

- 1- *Teach good hygiene habits*
- 2- *Visit the doctor's office*
- 3- *Get back into the routine*
- 4- *Provide healthy meals*
- 5- *Stay hydrated*
- 6- *Manage allergies*
- 7- *Stay active*
- 8- *Calm worries and anxiety*
- 9- *Check for head lice*
- 10- *Choose the right school backpack*



[To Know more Click here...](#)

SASH Events in August 2023

Title: Antenatal Education Session - Arabic

Date: August 1st, 2023

Time: 1700 hrs – 1900 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



Title: Kuwait Digital Dentistry Masterclass

Speaker: Dr. Faisal Al Rashidi

Date: August 3rd, 2023

Time: 1300hrs – 2100hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



Name of course : Manipal Course

Date: August 26th to August 31st, 2023

Time: 0830 hrs-1430 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



Prepared By Medical Development Center